# 2023 Camp XL Parent Handbook



<u>www.xlsaco.com</u> <u>207-209-1280</u>

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#### **Mission and Goals**

**Mission** Everyone at XL Sports World works hard to provide the best sports experience in all of our programs. Our Camp XL is no exception. Our common goal is to enhance a love of sports through a variety of games, excellent coaching, encouragement and a fun atmosphere.

#### **Camp Objectives**

- 1. To have a safe summer camp experience.
- 2. To enhance campers' social skills through group interaction, leadership opportunities and teamwork.
- 3. To increase campers' health and well-being through active participation in games, sports and other creative activities.
- 4. To build campers' character through positive values, peer engagement, interaction with adult role models, and diverse, instructive activities.
- 5. To have fun!

# **Staffing and Training**

Summer camp staff members are hand-selected from a diverse pool of applicants who are carefully screened and evaluated by XL professionals. Qualified applicants are hired based on leadership abilities, experience working with children, character, and enthusiasm.

# **Payment and Registration Policies**

# **Payment Policy for Camp**

When you register your child for camp, a \$50.00 non-refundable deposit is required. The balance owed for each week must be received before the close of business on the Friday before the week of camp that your child will be attending. This is so we can have enough staff scheduled for the following week.

#### **Payment Policy for Lunch**

If you choose the daily lunch option for your child, the cost is \$7.00/day. You can pay daily with a camp lunch gift card or cash.

#### **Payment Policy for Field Trips**

For any optional field trips scheduled, there will be an additional per child fee. Each destination requires a one week notice for an appropriate head count. \*Please note: on the field trip days have your child pack their lunch since we may not be back at the building at lunch time.

# **Cancellation/Refund Policy**

Camp fees and deposits are **NOT** refundable. In case of illness or physical inability, a doctor's note is required and refund will remain at the discretion of the Camp Director.

# **Preparing for Camp**

#### What to Bring

All items should fit into a backpack, (labeled with the campers' name) camper should bring:

- Lunch (non-perishable and ready to eat ) or money to purchase lunch.
- Refillable water bottle with the campers name clearly written on it.
- 2 (two) snacks, morning and afternoon.
- Change of clothes when necessary

#### What to NOT Bring

Camp is an interactive setting designed to serve as a retreat from amenities and build relationships with other campers and positive adult role models. Portable music devices, electronic games, cell phones, valuables, beyblades, cards etc. should be left at home. Campers will not be allowed to use cell phones unless a staff approves it for an emergency situation. Campers who choose to bring their phone will be asked to leave it in their backpack for the day.

Campers can use XL Sports World's phone for emergencies.

#### What to Wear

- Shorts or comfortable pants
- T-shirt or something that your child can play in
- Closed toe shoes
- Field trip days, campers should wear the XL camp T-shirt

#### What NOT to Wear

- Jeans
- Expensive clothing or jewelry
- Items that promote tobacco, alcohol, or vulgar slogans

- Crop tops
- Open-toe shoes, flip flops or shoes with wheels

#### **Lost Articles**

XL Indoor Sports Center is NOT responsible for items lost or stolen from the premises, parking lot or activity areas. We strongly advise against your child bringing items with high monetary or sentimental value. Please check your child's belongings before leaving the facility to identify any lost or missing items. We do have a designated lost and found area, however, unclaimed items will only remain there for a limited time before it is donated to charity.

# **Drop Off/Pick Up Procedures**

# **Drop Off**

Please drive to the 24/7 fitness entrance on the side of the building with your child. We will be doing a drive thru style drop off, a staff member will be outside to direct you. There will be a staff member present until 9AM. You do not need to present a photo ID when dropping off. You will be asked to list the person responsible for pick up (Once you have added an adult they will be required to present an ID at pick up and will be on the authorized pick up list for the summer).

## Pick Up

A staff member will be at the 24/7 fitness entrance starting at 4PM for pick up. Whomever is picking up your child must present a photo ID and be on the authorized pick up list on Dash. Should an authorized person arrive to pick up a child and there is any reason to suspect that the person is under the influence of drugs/alcohol or appears to be of a mindset that presents a danger to the child we reserve the right to withhold the child from being released and may have no recourse but that of contacting the police.

# Early Drop off and Late Pick up

Early drop off begins at 7:30AM, we will not be accepting any children in the facility until then as our staff uses this time to prepare for the day. Late pickup is until 5:30 with no extra charge. Please note, for each 10 minutes past 5:30 an additional \$5.00 fee will be assessed. Payment must be made before leaving.

# **Health and Safety**

# **Medication Policy**

XL Sports World does not have medical professionals on duty, therefore we will not administer medication without written permission from the parent or legal guardian. If your child requires medication during program hours, the following will be required:

The person registering the child must supply all necessary medication and give us written instructions, including dosage, time/frequency of administration, method of administration, name and phone number of doctor, reason for medication, and any other pertinent information related to the medication or condition.

Non-prescription medication will not be administered.

#### **Emergencies**

In case of emergency, XL Sports World staff will take immediate action to get campers the medical treatment needed while making every effort to contact you or the emergency contacts listed on your Dask Account. Should there be any changes in contact names or numbers, please update your Dash account accordingly.

#### Illness

XL Sports World cannot provide care for sick children. If your child is sick before camp they should remain at home for his/her sake and the sake of others. If your child shows signs of illness or fever during program hours, you will be called to pick up your child.

# **Parent Responsibilities**

#### **Support at Home**

Children's actions often reflect situations they are experiencing at home, and we understand that disruptions in home environments occur. If there are any significant changes in home life (i.e. arguments with siblings, parent divorce, death of a pet, etc.), please let us know so we can serve as a supporter for your child.

# Suppervison

Please do not leave your child on site before or after they are checked into the care of the summer camp staff unless he/she is under the care and supervision of a responsible adult. If you're running late to camp and there isn't a staff member present at the Side Door when you arrive, please walk your child in through the front doors.

# **Staff Interaction with Campers Outside of Camp**

XL Sports World strongly recommends that staff do not interact with program participants outside of the facility. This includes babysitting, phone/email communication, social media contact, etc. XL Sports World's staff should NOT transport children at any time unless approved as part of the camp program. Please do not ask staff members to provide care, supervision, or transportation for your child outside of camp.

#### **Evaluations and Feedback**

Your feedback is important! We appreciate your comments, ideas, and input on how to make our program better. If you have any questions, comments, or concerns at any point please feel free to reachout. You can email Kerrigan the Youth Director at kerrigan@xlsportsworld.com

#### Code of Conduct

# **Approach to Discipline**

XL Sports World staff members are trained to provide positive behavior management, teach peaceful peer-to-peer conflict resolution and take a progressive approach to discipline. We attempt to determine the motivation of any child who is acting inappropriately and encourage them to take responsibility for their actions in an effort to keep all children physically and emotionally safe.

#### **Rules and Expectations**

Children will be given the basic rules of safety and behavior expectations for each activity and for their time at XL Summer Camp. The progressive discipline steps used for verbal altercations will be used at the discretion of the staff involved:

- 1. Verbal warning, redirection
- 2. Temporary removal from the activity, redirection
- 3. Parent/Guardian contacted, parent/guardian conference at pickup
- 4. Parent/Guardian contacted, removal for the remainder of the day
- 5. Parent/Guardian contacted, evaluation with camp director

# XL Sports World will not tolerate physical fighting. The progressive discipline steps used for physical altercations are as followed:

- 1. Parent/Guardian contacted, removal for remainder of the day
- 2. Parent/Guardian contacted, evaluation with camp director

#### Threat to Safety

If a child is determined to be a threat to the safety of other children, staff members, or themselves, the child will be removed from the program immediately. Any incident of threat to safety can result in immediate termination from the program after a review of the incident.

# **Refund Policy Related to Behavior Issues**

If a child is removed from the camp for any period of time, including suspension or termination, no refund will be awarded for the camp week in which they are removed. XL's coaches are not specifically trained to care for children with special needs but will accommodate all campers to the best of their ability.