



XL SPORTS WORLD SACO SUMMER CAMP 2021 COVID-19 GUIDELINES

XL Camp Families,

In these extraordinary times we have all been faced with a new normal. As we navigate protocols and procedures the one thing that will not change is XL's commitment to your family. Establishing and maintaining a safe, healthy and FUN camp experience for every child remains our top priority.

Similar to last year, we are presented with a different reality in the wake of public health recommendations and government mandates. While following these guidelines, our team is continuing to stay updated on all options, protocols and health practices that factor into our ability to deliver summer camp safely.

In this document, you will find all health and safety protocol outlines that we will be implementing this summer as well as our modified camp program outline, our new staff guidelines and new drop off and pick up procedures.

Your child's safety is and always has been our number one priority and we will continue to adjust our guidelines and protocols set forth by the CDC, the American Camp Association and other authoritative organizations.

As always, if you have any questions or concerns please do not hesitate to reach out.

PROGRAM OUTLINE

Camp XL may look different this year but we are excited for a day full of SPORTS, FUN and just a hint of normalcy. Thankfully, we have an AWESOME facility with indoor and outdoor space for our campers to enjoy. Our goal is to offer a safe and fun multi sport camp but with a twist.

By twist, we mean these rules and regulations meant to keep our campers safe:

- Campers will be divided by age and split into small groups under 10
- Each group will be assigned a coach for the day
- Groups will stay together while rotating through sports/ activity stations.
- Interaction between groups will be restricted.
- Groups will break together for morning and afternoon snack as well as lunch time.
- 6ft Social Distancing practices will be in place during snack/lunch breaks and when possible during activities.
- Each child will have a designated area for belongings.

Registration

Please register your child online through our website xlsaco.com. All days/weeks of camp are open for registration. If you are having trouble with your online account or need help with registration please email kerrigan@xlsportsworld.com

Payments

Payments will need to be made before drop off. Please Please take advantage of paying online as to not hold up drop off lines.

HEALTH AND SAFETY PRECAUTIONS

Our top priority is your child's safety at XL. We will continue to evolve our protocols as we receive information and recommendations from government agencies including the CDC and American Camp Association.

RULE #1: If your child or anyone in your household is not feeling well or experiencing and symptoms (fever, cough, shortness of breath etc) please remain home.

- At drop off each camper will receive a temperature check and be requested to share if any health conditions changed from the previous day.
- Any child with a temperature above 100.4 F will not be allowed to attend camp until they provide a negative COvid-19 test or have been fever free for 72 hours.
- Once entering the building campers will be directed to their groups by an XL staff member to avoid large group gatherings.
- Hand sanitizer and regular hand washing will be conducted between each activity.
- Any equipment used will be cleaned/sanitized between groups.
- A designated isolation area away from activities will be in place for any child that falls ill during camp. Parents will be contacted immediately to pick up child.

Reporting Illness

If your child or anyone in your household tests positive for COVID-19 and had attended camp at XL within 14 days prior please let us know ASAP. We will communicate to parents any positive reports that your child may have been exposed to.

FACILITY CLEANING PROTOCOLS

In alignment with public health recommendations, XL Sports is taking measures to prevent community spread of COVID-19, which includes undertaking enhanced cleaning and disinfection procedures.

- Increased number of cleaning staff will be on site keeping the facility clean throughout the day.
- Cleaning staff will be divided into two groups. “Deep clean team” and “quick reaction team” clean.

Quick Reaction Team

- The role of this team is to follow camp groups throughout the day and clean any equipment used for each activity and any surfaces touched before then next group enters the station.

Deep Clean Team

- The role of this team is to increase the frequency of cleaning and disinfecting, focusing on high-touch surfaces, such as tables, chairs, bleachers, restrooms,, handrails, faucets, and doorknobs.
- All floors, surfaces and restrooms will be cleaned, again, professionally each night
- Increased number of hand sanitizer stations can be found throughout the building.

XL will also be following the CDC recommended National Health and Safety Performance Standards routine schedule for cleaning, sanitizing and disinfecting found in the link below.

<https://nrckids.org/files/appendix/AppendixK.pdf>

XL SPORTS STAFF GUIDELINES

We have recruited the best of the best to keep your child healthy and safe!! The majority of our camp staff will consist of XL managers and program directors who all have college and/or professional sports backgrounds and 10 + years experience in education, camps, youth program management and coaching. Through the excitement of getting back on the field our team has been working around the clock training on our new protocols and procedures to make the best of a COVID-19 guided summer camp.

- XL staff are required to undergo a health exam before each shift that includes temperature checks and a brief survey.
- XL staff are required to wash their hands at the start of every shift as well as extensively throughout the day while also using hand sanitizer stations between activities.
- XL staff are required to report any symptoms they may be experiencing and to stay home at any sign that they may be sick.
- XL staff are required to wear facial coverings during camp.
- XL staff are required to keep a 6ft distance from all customers including campers whenever possible.
- XL staff are required to stay local and practice social distancing
- Any staff member traveling out of state will not be permitted to work for 14 days upon arrival back to Maine.
- Any XL staff member cooking/ preparing camper food must be ServSafe certified and up to date on all ServSafe Covid-19 recommendations.

XL Sports World Coaches will be conducting camp using a social distancing based curriculum designed to minimize group interaction and peer to peer contact as well as ensure a safe environment for themselves and campers.

DROP OFF/ PICK UP PROCEDURES

When entering our parking lot you will see two options as to which direction you can head. Please follow accordingly.

Drop Off With Payment/ Registration

If you need to pay for and/or register your child you will need to follow the parking lot markers and find a spot to park. Please then visit the desk located outside (weather permitting) the front door and an XL staff member will assist you. If there is a line please follow the social distancing markers on the ground and stay 6ft apart. Keep in mind if you do not register prior we may not have space the day of to take your child.

Drop Off For Those Already Paid

Please follow parking lot markers and remain in vehicle. An XL staff member will assist children in exiting car as well as conducting temperature checks. Campers will then be directed into the building and greeted by a staff member inside.

Pick Up

Please follow parking lot markers and remain in car. An XL staff member will approach driver window to check out child. Please have ID ready. XL staff will then radio inside to have your child sent out and will assist child in entering the vehicle.